

CHANGING MINDS

Twenty years of Disability Psychotherapy

IPD

Institute of
Psychotherapy
and Disability

Treating with Respect

Tuesday 14th July
9.30am - 4.00pm
21 Prescott Street
London E1 8BB
<https://www.rcpsych.ac.uk>



ABOUT THE CONFERENCE

On the 20th May 2000 whilst the nation celebrated the birth of Tony Blair's third child, Leo, a group of professionals working in the field of learning disability met at St George's Hospital in South London. The result of this meeting was the formation of the Institute of Psychotherapy and Disability (IPD).

The IPD was formed in order to develop an organisation which could support, develop, accredit and regulate psychotherapists to work with people who have disabilities. Not all these goals have been achieved, despite hard work from individuals. These are still the aspirations of the IPD.

'Treating with respect' is the IPD motto and a key tenant of the work that the disability psychotherapist undertakes. Sadly this isn't always seen in all branches of mental health work for people with disability.

All the original pioneers from that day twenty years ago, have been invited back to reflect on the journey so far and how to take this approach forward.

<https://instpd.org.uk>

ASSOCIATION FOR PSYCHOANALYTIC PSYCHOTHERAPY IN THE NHS AND PUBLIC SECTOR (APP)

The APP is the association for professionals and students of all disciplines and backgrounds, who work in the NHS, public or voluntary sector providing psychoanalytically informed care. The benefits to members include access to the journal, 'Psychoanalytic Psychotherapy'.

<https://app-nhs.org>

ROYAL COLLEGE OF PSYCHIATRISTS

RCPsych is the professional medical body responsible for supporting psychiatrists throughout their careers from training to retirement and in setting and raising standards of psychiatry in the United Kingdom.

<https://www.rcpsych.ac.uk>

PROGRAMME

9.30

Registration and refreshments.

9.50

Chairs introduction. Dr. Roger Banks (Psychiatrist, Founder member IPD)

10.00-10.45 KEYNOTE ADDRESS

Twenty years psychoanalysis, psychoanalytic and psychodynamic psychotherapy with people who have intellectual disabilities: Practice and research.

Professor Nigel Beail (Psychologist, Founder member IPD).

10.45-11.40

Panel Discussion on '20 years of Disability Therapy' with Dr. Valerie Sinason, (Psychoanalyst, IPD President) Dr. Roger Banks (Psychiatrist, Founder member IPD) and Professor Sheila the Baroness Hollins (Psychiatrist, Founder member IPD).

11.40-12.00 COFFEE

12.00-13.00 PARALLEL WORKSHOPS

A. Teaching Doctors about 'Disability Psychotherapy'

Dr. Georgina Parkes (Psychiatrist and Secretary IPD) and David O'Driscoll (Psychotherapist, Chair IPD and Section lead APP LD section) .

B. Working in the trenches: The muddy experience of working therapeutically with Children with Disabilities. Angelina Veiga (Psychotherapist and Committee member IPD).

C. Living with Intellectual Disability and Trauma: exploring, understanding, treating.

Dr. Eimir McGrath. (Psychotherapist and Secretary IPD).

D. How schools can help children hurt by abuse with Books Beyond Words '

Professor Sheila the Baroness Hollins, and Marie Grant (Mental Health Support Worker)

13.00-1400 LUNCH (including IPD awards)

14.00

Victims Who Perpetrate: Forensic Disability Psychotherapy

Professor Brett Kahr (Psychotherapist, Founder member IPD)

14.30

The dream of making it better.

Dr Pat Frankish (Psychologist, Founder member IPD)

15.15

'Who is Afraid of Disability'

Shula Wilson (Psychotherapist, Founder member IPD)

15.45-1600 Final remarks and closure of the conference

PAYMENTS

APP/IPD MEMBERS

STUDENTS £30

OTHERS £45

There will be more detailed information on the workshop on the day and you can sign up then.

Refreshments will be provided on the day.

Please email your attendance to **admin@instpd.org.uk**

They will organise payment. You can use PayPal. Search for **admin@instpd.org.uk**

WHO SHOULD ATTEND?

The conference is primarily designed for people who work or who are interested in working in a therapeutic capacity with people with disabilities, focusing primarily on intellectual disabilities. But we believe other professionals in the field would benefit from the insights of the day.

Psychotherapists

Creative Therapists

Occupational therapists

Nurses

Managers

Psychiatrists

Support Workers

Psychologists

Social workers

Teachers

